

**12 Powers Club Podcast, Episode 04 [Transcript]**  
**One Foot After Another, with Rev. Myra McFadden**

**[00:00:01.080]**

Hello, everyone, I have to tell you, I am thrilled to be a part of this 12 Powers Club, I just love the 12 powers. I first learned about them in about nineteen ninety four, nineteen ninety five. And I was entranced with their transformative power. They really helped me to see myself from my divinity in a way that I hadn't before. And so it's my pleasure to be a part of this wonderful club and to talk to you about various powers.

**[00:00:35.520]**

My name is Myra McFadden, and today I want to talk to you about faith. Well, I think one of the best ways to talk about faith is to illustrate with a real life story. So one of my favorite stories is about a time when I was in Costa Rica on vacation. Oh, this was quite a while ago. And I was there with a friend of mine. And we had a companion, a guy named Victor, who was taking us through the jungle for three days.

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It was really exciting. I had never been in that kind of a jungle before. And, you know, there were howler monkeys that sounded like the monkeys in the Tarzan movies. There were beautiful, exquisite, exquisite flowers everywhere and beautiful birds that were singing and flying. And it was it was just paradise. So there we were. We were traveling through the jungle. I had slipped in mud. I was dirty. I was a mess. And I was loving every minute.

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And we were starting to make our journey out of the jungle on the third day, toward the end of the third day. And my two companions were quite a ways ahead of me chatting away. And I was just savoring my time as I was getting ready to let go of this jungle experience. And as I was in this nirvana, the guide turned around, Victor, and he yelled out, Oh, Myra. He said, Myra, this is not good.

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This is very, very dangerous. Be very careful. Walk slowly toward me. I looked at where he was glancing and I saw that in the shadowy brush were about a dozen black wild boar. And they were watching me. Some of them were turned toward me, but they were all spread out. And they and the one in the middle

was very large and started to snort and pound his hooves, and then the others started to pound their hooves and there was snorting and carrying on.

**[00:03:20.320]**

And all I could think was that I wanted in that moment to run. I wanted to scream. I wanted to do something because I thought I looked like the runt of a human litter and. Very likely I looked like dinner, well, I was feeling that, and it was just a moment later, I mean, literally a moment later when I heard a voice from within me and that voice said, with absolute clarity and definition, you are just fine.

**[00:04:07.340]**

I took a breath, I allowed the truth of those words to fill my being. I breathed into them and they reverberated through me. You are just fine. It was then that I knew the truth. I felt it, it was alive in me. I knew that God was in charge and that honestly I was good. It was my faith coming alive in that moment that transformed me. So I looked again at that whole line up, you might say, of wild boar.

**[00:04:49.790]**

And they were still snorting. They were still pounding their hooves in this dirt, in this clay, all of that. I looked at them and I took one step after another very deliberately. Well, the uproar got a little louder, the snorting came to a crescendo, and then the one in the middle turned and then they all turned and left. I continued to walk very deliberately, one step after another until I got to my companions, even though the wild boar were gone because I felt the power of faith moving through me.

**[00:05:43.050]**

And I knew what it meant to walk in faith to face, absolute fear and to choose to live in God's truth, that I was just fine. I'll never forget that experience because I realize that the faith I was feeling was coming from me, it was coming from a reservoir of faith I had built up. I had developed and had moved through me and matured in me so that in this moment, in this moment of utter chaos and desperation, it was right there.

**[00:06:32.960]**

That voice I heard was my inner voice. It was my truth reaching out and filling me up to remember that God's truth, that God's care was there for me no matter what, despite despite outer appearances. That's what faith is. It is knowing God's truth is good, despite any and all outward appearances. And so I moved through faith. I moved through faith. And, you know, I'm reminded of Winifred Hausmann and how she wrote that great book.

**[00:07:20.810]**

Oh, my God, I love that book so much. That book that was called Your God-Given Potential. And it was all about the 12 powers. And I remember that she said that Jesus, our master teacher, that Jesus talked about faith, in her mind, more than any other power during his ministry. And so when I think about it, I can see why she would say that. I remember that she reminded the disciples when they were hemming and hawing, when they were ruminating about how to do things he would say to them, do you have faith?

**[00:08:04.520]**

Can you remember to not be afraid? And can you have faith? Can you live in faith? And then I think about all of the ways, all of the ways that he practiced faith and put it into action. I think about the ways that because of his faith and because of what he symbolized, people would reach out to them and because they had enough faith to believe somehow some way that they were worthy of a healing. Of a miracle, of a transformation, they moved from being a lowly person in the collective and they moved into knowing true self-esteem and true worth.

**[00:09:01.150]**

He saw them and because he saw them, they felt they were they were, of course, people of enough dignity that they, too, could have a blessing. I think that is absolutely incredible that they exercised enough faith to make the call, to make the request for something so good that would change their lives. I also think about faith when I think about the actual healings and the miracles that that we understand. If you remember, our master teacher would say again and again, your faith has made you well, your faith has opened doors for you.

**[00:09:55.160]**

Now go forward and sin no more. And when I think about what that means, I don't think it means sin no more in a traditional way. But I think it means do not have error thought any more. Do not live, do not dwell in that error thought of being unworthy, less than, small, undeserving, not being all that you are. Your faith has made you well. Go forward and sin in your thinking no more. Pretty amazing.

**[00:10:42.190]**

Well, Jesus, he also exemplified the power of faith when we think about how he taught us all about prosperity and of course, there were lots of different examples about that, turning water into wine, doing all sorts of things, creating substance out of nothing, that kind of thing. And one of our greatest, one of our favorite stories, of course, is the story of the fishes and the loaves and feeding the masses. I love that story.

**[00:11:15.640]**

I love knowing that there were multitudes, 5000, not counting women and children. So whatever that means, you know, just multitudes of people that were hungering for his teachings, for his wisdom. And

instead of doing what the disciples thought was wise, which was send everybody away, they're getting hungry, they've got to eat. He called forward from the power and the spirit of God within him. And he knew in faith. He knew in faith that he could feed them.

**[00:11:51.040]**

And so he took the loaves, he took the fishes, and they began to multiply. They began to be so plentiful that there was more than enough to feed everyone. It was his faith that called that miracle of abundance forward. If he had stayed in a logical mind, if he had stayed in logical human consciousness, everyone would have gone home hungry and found a way to eat later. But no, everyone witnessed an outrageously magnificent miracle. That is the power of faith.

**[00:12:39.430]**

I'm wondering now I hear a car recovering and I feel like they're cheering us on outside. Yes. Yes. But anyway, anyway, think about where Faith has made a difference for you. When have you had an experience where you've known without logical or clear evidence in the outer world? Where have you known God's truth of good to be the reality for you? Have you had an illness where you trusted in faith that God's presence would be there for you and that that would bring forward a healing for you in whatever way that was meant to be?

**[00:13:31.120]**

Have you walked forward? Uncertain. Not knowing an outcome of something tremendous and have you had the courage to take that huge leap in faith? Trusting the spirit of God within you. Have you had an opportunity to be truly courageous, to step into an unknown that you never thought was possible? And have you allowed God's presence to do what's healing work in you, to transform you because you had faith, you were willing to take the steps to do the work to trust God?

**[00:14:25.900]**

We all have faith, each and every one of us, what we decide to put faith in or into is up to us. Do we put faith in our fear? Do we trust only the limitations of the human mind and human understanding? And is that what we have our faith in? Or do we rise up, do we rise up in faith and live in the inner knowing the trust in God that lives in us? And do we live from that space and stretch ourselves to know God to live in God even more fully?

**[00:15:13.030]**

That is the understanding that Emilie Cady talks about in Lessons in Faith. We all have a choice. We all have a choice of how we live. Faith and even when we think we don't have faith, we are putting our faith in the smallest and the most ordinary of things we are trusting all the time. I trust that when I go to sleep, I'm going to wake up in the morning. I trust that the sun is going to shine whether I can see it or not.

**[00:15:48.980]**

And I trust that God's love and God's truth is always here, present within me, and that it is always for me. That's a choice, and that is indeed living in the power of faith. So take some time, take some time if you will, and really explore at depth how you live in faith. Celebrate that good. Appreciate it and know that is the faith potential that lives in you, that is come alive. And as you celebrate all of the ways, make a big list of all the ways that you practice faith big and small. Then make another list and just write some things down about how you would like to deepen the power of faith within you.

**[00:16:52.450]**

Then take a breath. And take that step, deliberate and true. Face those wild boars in your mind, breathe in the power of a. And walk forward. Thank you so much. It's been a pleasure to be with you. Namaste.

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